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PRO-METABOLIC

(For Hypothyroidism)

What are the factors besides trauma that can cause hypothyroidism?

- Hashimoto's Thyroiditis
- Removal of gland or parts of it
- Contrast media (X-rays)
- External beam radiation
- Iodine deficiency
- Excessive iodine intake (cough medications), kelp
- Post partum thyroiditis (The "Third Baby Syndrome")
- Lithium (Used in manic depressive disorders)
- Dilantin® (used in epilepsy) Estrogen medication (Premarin®)
- Corticosteroids (i.e. prednisone)
- Yeast/candidiasis

Pro-Metabolic improves thyroid function in those with hypothyroidism. For those who need to lose weight, Slender All and Myomin are recommended. If you need to lose weight and have low thyroid function, add Pro-Metabolic.

Directions: Take 1 capsule per day after breakfast or after lunch. If needed, increase to 1-2 capsules, 2 times daily after breakfast and after lunch. If you start to feel palpitations, stop the supplement for a few days and start taking it again if needed. If the TSH falls below 0.45 mU/L, stop taking Pro-Metabolic until the TSH normalizes. If needed, you can start taking Pro-Metabolic again. If you have a history of palpitations, do not take Pro-Metabolic.

Women are 8-9 times more likely than males of developing a thyroid problem. Hypothyroidism is usually characterized by the following symptoms: **fatigue, hair loss, weight gain, memory loss, dry skin, cold hands & feet and sometimes depression.** Some young females who don't have enough thyroid hormones can experience being overweight and cold. Pro-Metabolic helps speed up the metabolism rate and is excellent for people with hypothyroidism.

Cast Reports:

J. Stickel, DC from IA, reports on a female patient with hypothyroidism symptoms since age 8. She took Synthroid for 20 years. Since 1998 she switched to Pro-Metabolic and Slender All. Three years later, the patient was able to lose weight.

A. Barber, DC from AK, reports in 1999 about a 42-year-old female patient with hypothyroidism. Her TSH was .90 and after 9 months her TSH increased to 3.82, which is normal. Another patient, a male in his 50s, took Pro-Metabolic for 2 weeks and lost 6 lbs. He couldn't lose any weight before despite many methods.

Dr. Barber has another male patient in his 50s who took Pro-Metabolic for 2 weeks and lost 6 lbs. He couldn't lose any weight before despite many methods

B.G. from NY: "I have only been on the Pro-Metabolic for 3 weeks, but I have lost 2 pounds a week with no change in diet or exercise levels, and I have more energy and have been warmer (I used to have cold hands and feet most of the time)... I also find it easier to get my heavy housework done and am more motivated to do things and go out more."

J. Fowler from FL has a 47-year-old female client who used to weigh 220 lbs. She has lost 30 lbs after being on Pro-Metabolic and Bathdetox for 6 months. Her edema on the ankle has also abated. Another client, a 53-year-old female, weighed 208. After taking Slender All and Pro-Metabolic, she now weighs 172 lbs.

